



Kimberley Seahorse Swim Association Board Policy #3: New Swimmer Ability Requirements

The Kimberley Seahorse Swim Associations policy for all new swimmers is to first ensure the safety of the swimmers, as well as the coaches ability to train all members in the pool. The KSSC will evaluate swimmers to ensure their skills and ability match the requirements to participate successfully in the pool.

All swimmers in Div 1 and above are required:

- to swim 50m unassisted; without stopping
- be independent and comfortable being unattended in the deep end
- tread water for 30 seconds with mouth and nose above water at all times
- recovery to nearest wall after a dive or jump into the pools edge without assistance
- to be able to maintain respect for their coach and other swimmers through actions on deck, in the water and in changerooms; by their words; as well as having focus during practice by paying attention to instructions and not bothering teammates

All Novice swimmers are required:

- age: 5+
- completed Swimmer 2 (Lifesaving Society)
- be comfortable swimming on back and front: 10m
- know how to swim front and back crawl: 10m
- tread water for 15 seconds with mouth and nose above water at all times
- recovery to nearest wall after a jump into the pools edge without assistance
- to focus and attend to instructions as well as showing kindness to teammates

If a swimmer is found to be at a substantially lower level than required for the program registered, they will not be able to continue at the discretion of the KSSC and coaches. It is policy that we will not guarantee an alternate spot for the swimmer to be moved to.

Policy created: January 6, 2025

Policy Adopted: March 10, 2026

Policy Review Date: To be reviewed Annually



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Exceptions to this policy, in an emergency situation when the board is unable to convene, may be agreed upon by at least 3 board members, with documentation; otherwise will be determined by a majority vote.

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